

Lifelong Recreation participant comments for Rainier CC

- Keep hours for Rainier
- Add second weight class
- Add Monday weight class with Chris Grekoff
- Put all classes' online registration (ex: yoga)
- Have a punch card for drop in classes (ex: yoga)
- Enjoy the morning exercise
- Keep the hours and events as they are – perfect
- Keep the present hours
- Hours are fine, any chances for T and TH classes
- Please do not close, I come for enhanced program on Monday and Wednesday
- Please continue to have early hours for senior programs, exercise and yoga
- Keep all the youth programs, after school and weekends
- Unable to attend Council Community Meeting due to my eye sight, very satisfied and happy with the class time I'm attending, 9:15-10:15am
- Keep the class I enjoy (enhance fitness)
- This center should be open long hours until Rainier Beach is open
- Senior exercise is great in morning
- We need to think about not only seniors but what or where will the young go? While we wait?
- My walkers do not drive at night (walking program)
- I walk on Wednesday with the Gerldine's group; I don't get out at night
- I'm in agreement with the above statement
- We have been at Rainier CC with Bridge for more than 20 years! (Bridge – Wednesday)
- Every Wednesday the East African Senior program meets for lunch at the center, we socialize, talk a walk, and we bring anything important that we need to home translated.
- Because of the language barrier we are often very lonely. The center lets us gather to socialize and share our ideas. The program also helps us with our translating.
- My neighborhood builds a good community because we help each other and share our ideas. Sometimes we clean together and make sure the neighborhood is safe.
- Please keep this center open because this is where the East African Senior Program gathers and it is important to us.
- The center is important for the Somali elders and the youth. At first we were homesick but the center makes us feel at home.
- I teach English to the East African Seniors at the center every Wednesday. We need a place to convene so that they may learn English which would help them operate their daily lives.
- I am a Somali elder who comes to the community center every Wednesday, Sahra translates for me.
- The East African Senior Programs meets every Wednesday and this is relevant to me.
- I am satisfied with the community center hours of operation.

- The community center is important because this is where we gather and commune. There is always a translator to help.
- The center is important because we come here to escape being alone at home and to gather with other Somali seniors, eat food and learn English.
- The center lets us gather with friends. I enjoy our walks because it is beneficial to our health. Also the center is the place where our youth can practice basketball.
- The center helps us with many important parts of our lives such as finding housing, community and how to assimilate in Seattle.
- We don't speak the language and we are unfamiliar with this city. The East African Senior Program is a place we can come to receive translation and help with housing and nutrition issues; it is the only place we know.